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| Affirmations  Proverbs 12:6, 18:20-21, Luke 6:45, Matthew 15:11, Mark 11:23-24 | |
| I submit myself to the Word of God and the leading of the Holy Spirit | James 4:7, John 12:24  Romans 8:14 |
| I resist the devil and every evil way | James 4:7, Eph 4:27 |
| I humble myself before You so You can teach me Your ways | Psalm 25:9, James 4:10 |
| I cleanse my hands and life from sin | James 4:8, 1 Peter 1:22 |
| I purify my heart of a double mind and choose to be single minded | James 1:8,4:8, Col 3:1-2 |
| I discipline my flesh/body and make it do the Word of God | 1 Cor 9:27, Heb 5:8 |
| I restrain my feet from every evil way to fulfill God’s plan in my life | Psalm 119:101,  1 Thess 5:22 |
| I put a guard over my mouth/tongue and will speak only life-giving words | Psalm 141:3,  Prov 12:6, 18:21 |
| I will order my steps aright and be a doer of the Word to fulfill God’s plan | Psalm 37:23, 50:23, 119:133, James 1:22 |
| I will be led by God’s Spirit to protect and fulfill God’s plan in my life… | Rom 8:14, Psalm 34:7 |
| I will walk by faith according to the Word and not by what I see or hear | 2 Cor 5:7,Heb 6:12,11:6 |
| I will die to self (passions/appetites/desires) to fulfill God’s plan in my life | John 12:24-26, Gal 5:24 |
| I will produce good and lasting fruit today and everyday | Luke 6:43-44, John 15:8  Gal 6:7-8 |

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| Binding and Loosing or Forbidding and Allowing  “Taking the Kingdom of Heaven by Force”  Luke 12:32, Matthew 11:12, Luke 10:19 | |
| I bind up every trick, trap and scheme of the enemy that has been sent to destroy God’s plan in my and my family’s life | Luke 10:19, 1 Peter 5:8,  Matt 16:19, 18:18 |
| I bind up every spirit of strife, envy, jealousy, greed, poverty, sickness, disease, death, pride, lust, \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_, \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_, and declare they have no place or right in my or my family’s life, my business, my community, my church, my state, my country or this world | Isa 8:10,  Matt 16:19, 18:18  Psalm 115:16, Luke 19:13 |
| I bind up every relationship that is not of God in my and my family’s life | 1 Cor15:33, Psalm 1:1 |
| I loose the plan of God upon my and my family’s life | Jer 29:11, Matt 6:10 |
| I loose the Spirit of love, truth, forgiveness, peace, patience, health, restoration, long life, \_\_\_\_\_\_\_\_\_\_, \_\_\_\_\_\_\_\_\_\_in me and my family this day and forever more | Gal 5:22-23, Matt 6:14, Prov 14:30 |
| I loose the favor of God upon me and my family so we can fulfill God’s plan in our life | Psalm 84:11,  Isaiah 45:2 |
| I loose a hungering and thirsting for the Word of God and truth in me and my family | Matt 5:6, John 8:31-32 |
| I loose a clean and pure heart upon me and my family so we can be ALL that God has called us to be in this life and for eternity | Psalm 51:10, Matt 5:8 |
| I loose relationships that need to be established to fulfill God’s plan in our life | Psalm 23, Prov 18:24 |
| I loose the finances of God into my and my family’s life to fulfill God’s plan | Prov 8:21, 13:22, Isa 45:3, Isa 60:5-7 |
| I loose the Spirit of peace and peace making upon me and my family | Matt 5:9, Rom 12:9-21, Heb 12:14 |
| I loose the Spirit of revelation and wisdom upon me and my family, leaders in our church, city, state, country, world to fulfill God’s plan for today | Eph 1:17, Matt 16:17, John 6:13-15, 1 John 2:27 |

